



MEDIA RELEASE

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ACTAS CYCLISTS DOMINATE OCEANIA CHAMPIONSHIPS

Two of the ACT's brightest young cycling prospects are in fantastic form after claiming four medals at the 2010 Oceania Road and Track Championships in Invercargill, New Zealand.

In a brilliant display of speed and tactics by both riders, Dan Ellis (AIS/ACTAS) won the gold medal in the Elite Men's Sprint and took silver in the Elite Men's Team Sprint event, while Michael Matthews (AIS/ACTAS) won gold medals in both the U/23 Men's Time Trial and the U/23 Men's Road Race.

Twenty year old Ellis will head to the upcoming World Cup event in Melbourne in red hot form after riding a very quick 10.3 seconds for his 200m qualifying event in cool 15 degree conditions. He rode a personal best 10.2 seconds two weeks ago at the Manchester World Cup event and will be looking to replicate these achievements in Melbourne. Ellis also demonstrated his versatility by riding second wheel in the Team Sprint, completing a world class time of 13 seconds.

"This is an incredible time for Dan, considering he is normally the starter of the Team Sprint as depicted by him starting for his country at the 2008 Beijing Olympics," Mr Glenn Doney, ACTAS Cycling Head Coach said.

Matthews won the Time Trial by over two minutes to his nearest competitor in an event that is usually decided by seconds at the most.

"Michael's development continued in a most dominant time trial, where he managed to keep his average speed over 50km per hour for 48 minutes," Mr Doney said.

Matthew's victories in the Time Trial and the Road Race events means he now qualifies to represent Australia at the 2010 World Road Cycling Championships to be staged in Melbourne next year. This will be the first time Australia has hosted the Championships which will be boosted by the appearance of the current World Champion, Cadel Evans.

Release ends

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ACTAS would like to recognise its Cycling program partners Cycling Australia and Cycling ACT

